

North Metro Athletics Conference (NMAC)

Athletic Handbook

Boys and Girls Soccer

Game Rules:

- Schools may allow players from C teams to play B teams when needed to field a team.
- Schools may allow players on B teams to play on A teams when needed to field teams. However, no A team starters can play B or C team games.
- Each game will have two 30 minute halves with a 5 minute half-me.
- Home team will be responsible for the game manager (setting up nets and cones), and the referee will be responsible for score and time.
- Awards will be given for tournament champion.

Uniforms/Equipment:

- Team uniforms will comprise of shirt, shorts, and socks
- Players will provide their own shin guards. Players must wear shin guards during contests.

Rules / Officials:

- Schools may swing players from B teams to A teams. However, no A team starters can play B team games.
- Rules will follow the CHSSA guidelines in soccer.
- At least one official will be used for each game.
- School signs will be permitted with administrative signature as approval.
- Points will be awarded for wins and ties – 2 points for win and 1 point for tie.
- Total points will determine the best record for the season.
- No jewelry (including rubber bands) may be worn.
- Tie breakers will be based on the following criteria:
 - Head to head competition
 - Record vs. top seed
 - Coin toss

Soccer Tournaments:

- If there are 2 teams/ divisions please follow A and B protocol listed below.
- GAME - (2) 30-minute running clock halves with a 5 minute halftime. No timeouts. In case of overtime a shootout (max of 2) instead of the 5-min overtime period.
- Tournament bracket will be seeded based off of regular season records.
- Award will be given for tournament champion.